



MAKE YOUR OWN BOWL

1. Size-it



Medium €10.90



Large €13.90

2. Base-it

Choose 1 or 2

- White Rice
- Salad
- Brown Rice
- Nacho's

3. Mix-it

Choose 5 - Extra Mix-it €1.90

- Cucumber
- Carrot
- Corn
- Red Onion
- Guacamole
- Avocado
- Tomato
- Mango
- Red Cabbage
- Cauliflower
- Bell Pepper
- Edamame
- Radish
- Spinach
- Wakamé

4. Protein-it

Choose 1 - Extra Protein €2.90

- Chicken
- Pink Shrimps +€1
- Salmon +€1
- Vegan Chicken
- Red Tuna +€2
- Grilled Tofu

5. Sauce-it

Choose 1 - Extra Sauce-it €0.90

- Wasabi Aioli
- Ponzu Fresh
- Spicy Mayo
- Shoyu Soy
- Creamy Togarashi
- Sweet Teriyaki
- Sesame Sauce

6. Top-it

Choose 3 - Extra Top-it €0.70

- Sesame Mix
- Chili Flakes
- Masago
- Jalapenos
- Nacho's
- Raisins
- Fried Onions
- Green Onions
- Pink Ginger
- Chia Seeds
- Feta
- Cashew Nuts
- Sunflower Seeds



Signature Bowls

Medium : €10.90 Large : €13.90



Classy Chicken



Protein-it's: Chicken / Vegan Chicken

Mix-it's: Guacamole, Radish, Bell Pepper, Tomato, Red Onion, Mango

Sauce: Teriyaki,

Top-it's: Fried Onions, Nacho's, Sesame Mix



SUNNY SALMON +€1



Protein-it's: Salmon

Mix-it's: Avocado, Mango, Edamame, Wakamé, Cucumber

Sauce: Wasabi Aioli

Top-it's: Raisins, Green Onions, Masago



Tasy Tofu



Protein-it's: Tofu

Mix-it's: Avocado, Carrot, Edamame, Tomato, Cucumber

Sauce: Sesame Sauce

Top-it's: Chia Seeds, Sesame Mix, Green Onions



Volcano Chicken



Protein-it's: Chicken / Vegan Chicken

Mix-it's: Guacamole, Corn, Tomato, Red Onion, Bell Pepper

Sauce: Spicy Mayo

Top-it's: Jalapenos, Chili Flakes, Nacho's



SPICY SHRIMP +€1



Protein-it's: Prawns

Mix-it's: Guacamole, Edamame, Tomato, Red Onion, Bell Pepper

Sauce: Creamy Togarashi

Top-it's: Jalapenos, Chili Flakes, Nacho's



TUNA ORIGINAL +€2



Protein-it's: Tuna

Mix-it's: Guacamole, Edamame, Tomato, Cucumber, Bell Pepper

Sauce: Spicy Mayo

Top-it's: Green Onions, Sesame Mix, Nacho's